

Life-changing Injuries Resources

Brain and spinal injuries:

Aspire www.aspire.org.uk/

Brain Injury Rehabilitation Trust
www.brainkind.org/

BrainNav: the National Brain Injury Service Directory
www.brainnav.info

Brain and Spine Foundation www.brainandspine.org.uk/

Headway
www.headway.org.uk/home.aspx

Royal Hospital for Neuro-disability
www.rhn.org.uk/

Spinal Injuries Association
www.spinal.co.uk/

The United Kingdom Brain Injury Forum www.ukabif.org.uk/

Limb loss/amputation

Limbless Association www.limbless-association.org/

Sensory loss (sight and hearing)

British Deaf Association
www.bda.org.uk/

Guide Dogs
www.guidedogs.org.uk/

RNIB
www.rnib.org.uk/Pages/Home.aspx

RNI:D www.rnid.org.uk

St Dunstan's, supporting blind ex-service men and women
www.blindveterans.org.uk/

Sense, for Deafblind people

www.sense.org.uk/

Burns

See also our site on [Burn Injuries](#)

Dan's Fund for Burns

www.dansfundforburns.org/

The Katie Piper Foundation

www.katiepiperfoundation.org.uk/

The Katie Piper Foundation has a list of several support and information organisations in the 'How we Help' section.

Travel, benefits, and compensation claims

Blue Badge

www.gov.uk/blue-badge-scheme-information-council

Freedom Pass

www.londoncouncils.gov.uk/services/freedom-pass

GOV.UK: Armed Forces Independence Payment (AFIP)

www.gov.uk/guidance/armed-forces-independence-payment-afip

GOV.UK: Attendance Allowance www.gov.uk/attendance-allowance

GOV.UK: Benefits

www.gov.uk/browse/benefits

GOV.UK: Benefits and financial support with disability and health conditions

www.gov.uk/browse/benefits/disability

GOV.UK: Carer's Allowance

www.gov.uk/carers-allowance

GOV.UK: Disability Living Allowance (DLA) <https://www.gov.uk/dla-disability-living-allowance-benefit>

Now being replaced by the Personal Independence Payment (PIP) benefit.

GOV.UK: Driving with medical conditions

www.gov.uk/browse/driving/disability-health-condition

GOV.UK: Employment and Support Allowance (ESA)

www.gov.uk/employment-support-allowance

GOV.UK: Personal Independence Payment (PIP)

www.gov.uk/pip

My Gov.Scot: Adult Disability Payment

www.mygov.scot/adult-disability-payment

Motability

www.motability.co.uk

Motability Northern Ireland

www.motability.co.uk

Nidirect government services

nidirect.gov.uk

Taxi Card Scheme

www.londoncouncils.gov.uk/services/taxicard/

Transport for All

www.transportforall.org.uk/

Transport for London (TFL) www.tfl.gov.uk/

General resources for injury and disability

Disability Rights UK Shop (RADAR Keys)

shop.disabilityrightsuk.org/

The Criminal Injuries Compensation Authority (CICA)

www.gov.uk/government/organisations/criminal-injuries-compensation-authority

NHS: Social care and support guide

www.nhs.uk/social-care-and-support/

Queen Elizabeth Foundation

qef.org.uk/

Scope

www.scope.org.uk/

Solicitors Database solicitors.lawsociety.org.uk/

Last updated August 2025